

My Cup Overflows

Satisfied guest

Read Psalm 78:1-29.

How did God provide for the Israelites in the desert?

Why did the Israelites still complain when God provided for them as the perfect host?

Like the Israelites we often complain that we are not satisfied, why is that and how can we change our attitudes?

Honoured guest

Read Ephesians 6:11-18

God as the perfect host protects us his honoured guest against the enemy. Paul used a detailed description of a Roman soldier's armor to be used against the attacks of Satan. Have you ever sensed a spiritual battle in your life?

Which piece of armour do you need most to fight your spiritual battles? Explain.

Blessed guest

Read Phillipians 4:11-13

David describes his cup as overflowing. How has God blessed you in your life?

Like David, Paul was content, but what does it mean to be content in every circumstance? How can we develop the ability to be more content?

As you look back at your life when your life was difficult, describe a time that God provided when you needed him most.

Application

God's promises us that our cup will always be overflowing, as you look back and as you look forward in life, pray that you may encourage each other of God's blessings in your life.